

Acute Services Division

Emergency Care and Medicine Services Directorate

Department of Respiratory Medicine

DR. CARLIN'S RESPIRATORY CLINIC

Gartnavel General Hospital
1053 Great Western Road
Glasgow G12 0YN
Switchboard: 0141 211 3000
Fax: 0141 211 3464



Clinic 12/02/2013
Dictated 12/02/2013
Typed 20/02/2013
Our Ref CC/LH
Enquiries to 0141 211 3482

Dr Louise Taylor-Kavanagh
Drs Campbell
246 Argyll St
PA23 7HW

Dear Dr Taylor-Kavanagh

Robert Leitch ~ 15/08/1977 ~ CHI: 1508773076 ~ CRN: 64597456K
01 Pier Road, Royal Brae, Innellan, PA23 7TE

Mr Leitch came for sleep testing. Contrary to my expectations this was reassuring. Full analysis will take some time but there is no major obstructive sleep apnoea. There is some minor flow limitation in keeping with his build but this will not be causing particular sleep disruption.

I therefore think his daytime sleepiness is a result of his shift-work and previous extended hours. He has cut his hours back further but he is still finding fatigue a problem. I have suggested further attempts at weight loss; adopting something of an exercise routine and I have explained that it takes many months at least for sleep routines to recover from shift work upsets.

I haven't arranged further review but if there's anything arising from the full analysis on his polysomnography I'll be in touch again.

Yours sincerely

A handwritten signature in black ink, appearing to be 'Chris Carlin', written over a horizontal line.

Chris Carlin
Consultant Physician